Post-Discharge Coping Difficulty Scale © Parent Form

Since your child has been home from the hospital:

1. How stressful has your life been? What has been stressful?	0 1 2 3 4 5 6 7 8 9 10 Not at all Extremely
2. How much difficulty have you had with your child's recovery?	0 1 2 3 4 5 6 7 8 9 10 None at all A great deal
What has been difficult?	
3. How much difficulty have you had with caring for your child? What has been difficult?	0 1 2 3 4 5 6 7 8 9 10 None at all A great deal
4. How much difficulty have you had with	0 1 2 3 4 5 6 7 8 9 10
managing your child's medical condition? What has been difficult?	None at all A great deal
5. How difficult has the time been for your family members or other close persons? What has been difficult?	0 1 2 3 4 5 6 7 8 9 10 Not at all Extremely
6a. How much help have you needed with caring for your child?	0 1 2 3 4 5 6 7 8 9 10 None at all A great deal
6b. How much help had you expected to need?	0 1 2 3 4 5 6 7 8 9 10 None at all A great deal

7. How much emotional support have you needed?	0 No	1 one at	2 all	3	4	5	6	7	8 A	9 great	10 deal
		- 1									10
8. How confident have you felt in your ability to	0	1	2	3	4	5	6	7	8	9	10
care for your child's needs?	NO	Not at all Comp							ompi	etery	
9. Have you been able to take care of your child's	0	1	2	3	4	5	6	7	8	9	10
medical needs such as medications or treatments?	No	Not at all Comple							etely		
10a. How well have you adjusted to your child	0	1	2	3	4	5	6	7	8	9	10
being at home since your child's hospitalization?	No	Not at all Extremely								well	
10b. How well has your child adjusted to being at	0	1	2	3	4	5	6	7	8	9	10
home after discharge from the hospital?	Not at all Extremely well									well	

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